



YACHTING WORLD DAYBOAT WEEK

Saturday 22nd to Thursday 27th June 2019

Organising Authority - The Rock Sailing and Waterski Club
& The Yachting World Dayboat Class Association

SAILING INSTRUCTIONS

1 RULES

- 1.1 Racing will be governed by the rules as defined in *The Racing Rules of Sailing (2017 – 2020)*, the Rules of the Yachting World Dayboat Class Association, the Notice of Race and these Sailing Instructions. In the event of any conflict, the Sailing Instructions shall apply.
- 1.2 The preamble to Part 4 and Rule 40 will be changed as follows;
Adequate personal buoyancy must be worn by all competitors when afloat. Neither a wet-suit nor a dry-suit constitutes adequate personal buoyancy. Flag Y will not be displayed.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the Official Notice Board located in the clubhouse.
- 2.2 A race briefing will be held at 19:00 hrs on Saturday 22nd June in the clubhouse.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted at least 30 minutes before the start of the race on the day it will take effect, displayed on the Official Notice Board except that any change to the schedule of races will be posted by 20.00 hrs on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the Club flag pole located on the clubhouse.
- 4.2 When flag 'AP' is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the Race Signal 'AP'.
- 4.3 No boat shall leave the shore until the flag R is displayed with two sound signals. The warning signal will be made not less than 30 minutes after this signal, or not before the scheduled time, whichever is later.

5 SCHEDULE OF RACES

- 5.1 Dates of racing: 23rd to 27th June 2019
- 5.2 Number of races:
The event will be up to five races for the Championship, plus the Opportunity Race and the Long Distance race, held over five days.

Date	Time of warning signal	Notes	
Sunday 23 June 2019	Not before 09:25	Championship Race 1	
Sunday 23 June 2019	ASAP after Race 1	Opportunity Race	
Monday 24 June 2019	Not before 09:55	Championship Race 2	
Monday 24 June 2019	ASAP after Race 2	Championship Race 3	
Tuesday 25 June 2019	Not before 10:25	Championship Race 4	
Tuesday 25 June 2019	ASAP after Race 4	Championship Race to be held only if one or more Championship Races are cancelled	
Wednesday 26 June 2019	Not before 10:55	Long Distance Race	
Thursday 26 June 2019	Not before 11:25	Championship Race 5	

- 5.3 The Race Officer may alter this schedule depending on the weather forecast.
- 5.4 After a long postponement, an orange flag will be displayed with one sound signal at least four minutes before a warning signal is displayed to alert boats that a race or sequence of races will begin.
- 5.5 On the last day of the regatta no warning signal will be made after 14:55.

6 CLASS FLAGS

Dayboat Class flag will be flag 'D'.

7 RACING AREAS

The Race Area will be to the south west of the club house shown on the RSWSC Course Map. (The Long Distance Race may include other areas of the estuary, including northwards towards the sea and eastwards towards Wadebridge .)

8 THE COURSES

- 8.1 The diagram in Attachment A1 shows a typical Olympic style course and indicates the approximate angles between legs, the order in which marks are to be passed and the side on which each mark is to be left.
- 8.2 RSWSC has the facility to set other courses within the Estuary according to the conditions.
- 8.3 The chosen course will be posted on the board in the clubhouse at least 1 hour before the start.
- 8.4 No later than the warning signal, the committee Signal Boat will display the number of laps.
- 8.5 No later than the warning signal, the committee Signal Boat may display the approximate compass bearing of the first mark.
- 8.6 Details of The Long Distance Race will be displayed on the Event Notice Board by 9.30 am on the day of the Long Distance Race.

9 MARKS

- 9.1 The course marks will be a large yellow inflatable buoy for the windward mark, with other marks being Orange inflatable buoys.
- 9.2 All outer distance marks for both start and finish will display yellow flags. The committee boat will display an orange flag on the start line.
- 9.3 The committee boat will display a blue flag on the finish line.
- 9.4 Description of the marks to be used for the Long Distance Race will be displayed as in 8.4 above.

10 AREAS THAT ARE OBSTRUCTIONS

The Camel Estuary is a fabulous place to sail but racers should appreciate the nature of the area and limitations of other craft. It is a busy tidal water with a defined Narrow Channel out to sea from which larger boats

sometimes cannot deviate. With many possible different users in the race area at any time, every effort must be made to spot and demonstrably keep clear of them.

A boat racing or intending to race is required not to obstruct other vessels whether they are under sail or under power (IRPCS): A specific is that we shall not cross the narrow channel if it impedes the passage of a vessel which is restricted to it, so we ensure that we don't impede it.

Leisure users: Along with non-racing sail-craft (particularly sailing school boats with children and novices), swimmers, rowers and paddle-boarders can all be a collision risk. Water-skiers*, towed inflatables and power boats are an evident hazard, although the present Estuary speed limit of **40 knots** should alert you to a greater danger than you might otherwise realise. Many leisure users are holiday-makers and not all are proficient.

Commercial powered craft: The yellow ferry works across the estuary between Rock and Padstow and should not be impeded. In peak periods there may be two ferries; do not avoid one and forget about the other.

The resident sand dredger cannot stop nor alter course to avoid you. It's size can upset the expected wind and its propeller can cause dangerous water turbulence.

The large sight-seeing boat Jubilee Queen is restricted by its draft and may have to keep to its course; forcing it to slow down will impede its steerage.

The classic Padstow power boats Jaws, Thunder, Sea Fury and Fireball take visitors for speedy joy rides around the bay. They have very competent drivers and driving wide sweeps for thrills is what they do. They will aim to keep clear of you; do not change course unpredictably into them.

Fishing boats (and fishing-trip boats) generally just go in and out of the estuary but can come up on you surprisingly quickly.

Moorings: Strong tides can be hazardous in mooring areas, in addition to dangers inherent in racing between moored boats. Currents are particularly strong in the moorings all the way up Padstow side, and also in the moorings below the Ferry. There is an 8 knot speed limit through moorings. Racing through moorings is therefore not advised;

Policing : Padstow Harbour Commission operates a patrol boat to oversee overall user safety on the Estuary, accompanied in some instances by an officer of RSWSC during races. Both patrol and Club safety boats may if necessary escort powered craft through the race area and all competitors should keep well clear.

11 THE START

- 11.1 Races will be started using rule 26 with the warning signal made 5 minutes before the starting signal.
- 11.2 The starting line will be between a staff on the Race Committee signal boat displaying an orange flag and a Dan buoy with a yellow flag.
- 11.3 If a small spherical buoy is laid near the race committee signal boat approximately on the starting line, it is an Inner Distance Mark IDM that shall be left to starboard when starting.

12 CHANGE OF THE NEXT LEG OF THE COURSE

The race committee may change a leg of the course in accordance with rule 33.

13 THE FINISH

- 13.1 The finishing line will be between a staff on the Race Committee signal boat displaying a blue flag, and a Dan buoy displaying a yellow flag on the finishing mark.
- 13.2 Shortening: As boats approach Mark 3 (from either 1 or 2), the course may be shortened (by displaying flag S with two sounds). Boats will leave Mark 3 to port and proceed to the finish line as described in 13.1 above. This is in addition to rules 32.1 and 32.2

14 PENALTY SYSTEM

The scoring penalty, rule 44.3 will not apply.

15 TIME LIMITS AND TARGET TIMES (excluding the Long Distance Race)

- 15.1 The Target Time is 60 minutes and the Finish Window is 30 minutes. Boats failing to finish within the stated Finish Window after the first boat sails the course and finishes will be scored Did Not Finish. This changes rules 35, A4 and A5.
- 15.2 If no boat has passed the first mark of the course within 30 minutes after the start, the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).
- 15.3 The target time for the leading boat for each race is 45 minutes

- 15.4 A tail-end boat that has lost contact with the body of the fleet may be informed on the water, towards the end of the race, that she need not complete that lap, but may return to the starting area for the start of the next back-to-back race. An appropriate finishing position will be recorded by the Race Committee. Failure to take advantage of this provision may result in any following back to back race being started before that competitor has returned to the starting area. This shall not be the basis for a redress request under rule 62(a). This alters rule 35.

16 PROTESTS AND REQUESTS FOR REDRESS

- 16.1 The Exoneration Penalty, advisory hearing and RYA Arbitration of the RYA Rules Disputes Procedures will be available. See the Official Notice Board for details.
- 16.2 Protest forms are available at the Race Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.3 The protest time limit is 60 minutes after the last boat has finished the last race of the day.
- 16.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Protest Room, located in the clubhouse. Times will be displayed on the Official Notice Board.
- 16.5 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 16.6 Breaches of instructions 1.2(a) and 18 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides. The scoring abbreviation for a penalty imposed under this instruction will be DPI.
- 16.7 On the last day of the regatta a request for reopening a hearing shall be delivered
- (a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day.
 - (b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes RRS 66.

17 SCORING

- 17.1 The Championship shall comprise a 5 race series. A minimum of 1 race shall be completed to constitute the Championship.
- 17.2 When fewer than 3 races have been completed, no score shall be excluded.
- 17.3 When 3 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

18 SAFETY REGULATIONS

- 18.1 The race committee will protest a boat for a breach of these safety regulations.
- 18.2 Boats not leaving the moorings for a scheduled race shall promptly notify the race office.
- 18.3 On arrival in the racing area, boats shall sail closely to the race committee signals vessel, clearly showing their sail numbers.
- 18.4 A boat that retires from racing shall notify the race committee before leaving the racing area, or if that is not possible, shall notify the race office as soon as possible after returning ashore.

19 REPLACEMENT OF CREW OR EQUIPMENT

- 19.1 Substitution of helms is not permitted. Substitution of the crew will be permitted with the prior written approval of the race committee. Requests shall be made on a form available at the race office.
- 19.2 Substitution of damaged or lost equipment will not be permitted unless authorised by the race committee. Requests shall be made to the committee at the first reasonable opportunity.

20 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected/weighed at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

21 OFFICIAL BOATS

Official boats will be marked / identified as appropriate. This will be defined during the race briefing on Saturday 22 June.

22 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

23 PRIZES

Prizes will be awarded to the boat ranked first in the championship series. Additional prizes may be awarded at the discretion of the class association.

24 RISK STATEMENT

Rule 4 of The Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone". Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

25 DISCLAIMER OF LIABILITY

Members of the club, their guests and visitors may use the club premises and other facilities entirely at their own risk, and therefore by implication accept that;

- the club will not accept liability for any damage to, or loss of property belonging to members, their guests or visitors to the club,
- the club will not accept liability for any personal injury arising outside of the use of club premises or any other facilities of the club, whether sustained by members, their guests or visitors, or caused by the said members, guests or visitors, whether or not such damages or injury could have been attributed to or was occasioned by the neglect, default or negligence of any of the officers, committee or employees of the club, or the regatta volunteers and helpers.

26 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3 million per incident or the equivalent and competitors shall sign a declaration to that effect when registering.

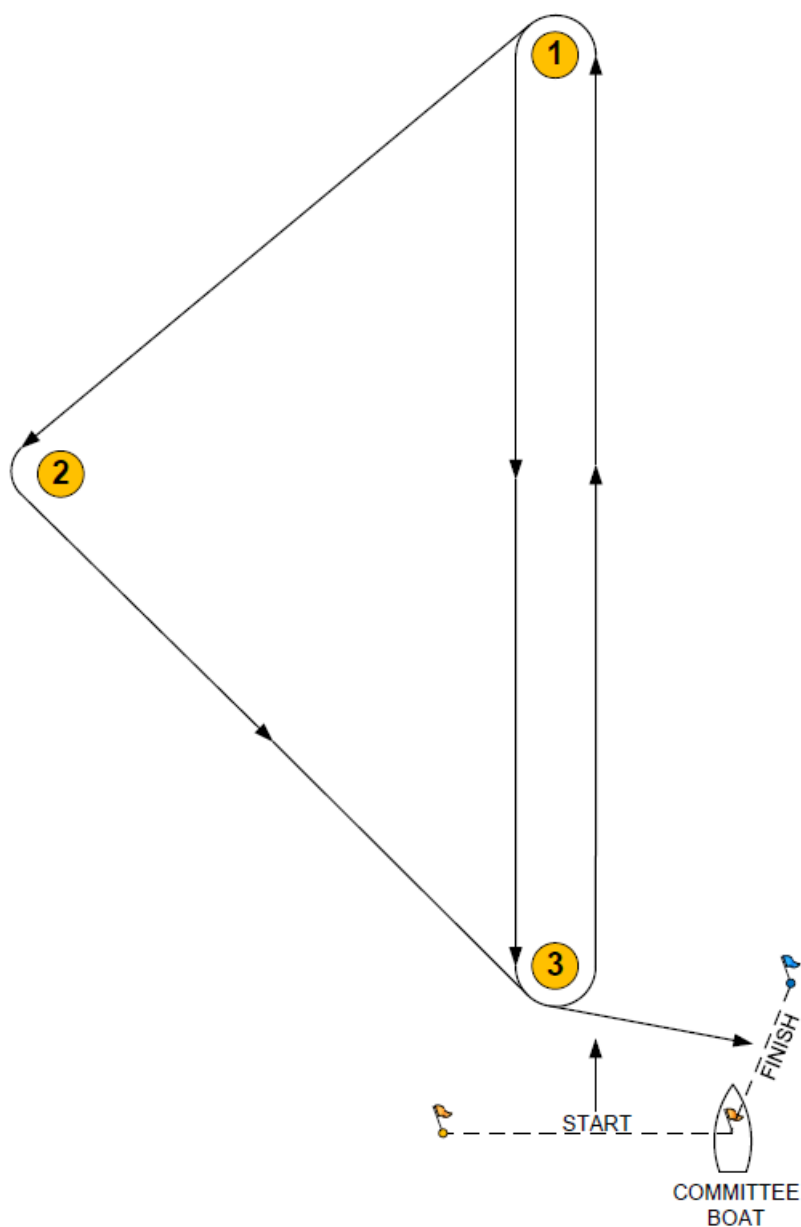
27 TIDAL INFORMATION

Tide Times (BST) at LAT 50.542N / LONG 4.939W (Padstow):

Date	Low Water		High Water		Low Water	
	Time	Height (m)	Time	Height (m)	Time	Height (m)
Fri 21 June	02:47	1.4	08:39	6.5	15:01	1.6
Sat 22 June	03:26	1.7	09:20	6.3	15:40	1.9
Sun 23 June	04:07	1.9	10:02	6.0	16:21	2.1
Mon 24 June	04:50	2.1	10:48	5.7	17:07	2.3
Tue 25 June	05:39	2.3	11:40	5.6	18:00	2.5
Wed 26 June	06:37	2.4	12:41	5.5	19:02	2.5
Thu 27 June	07:38	2.4	13:43	5.5	20:05	2.5
Fri 28 June	08:39	2.3	14:43	5.7	21:08	2.3

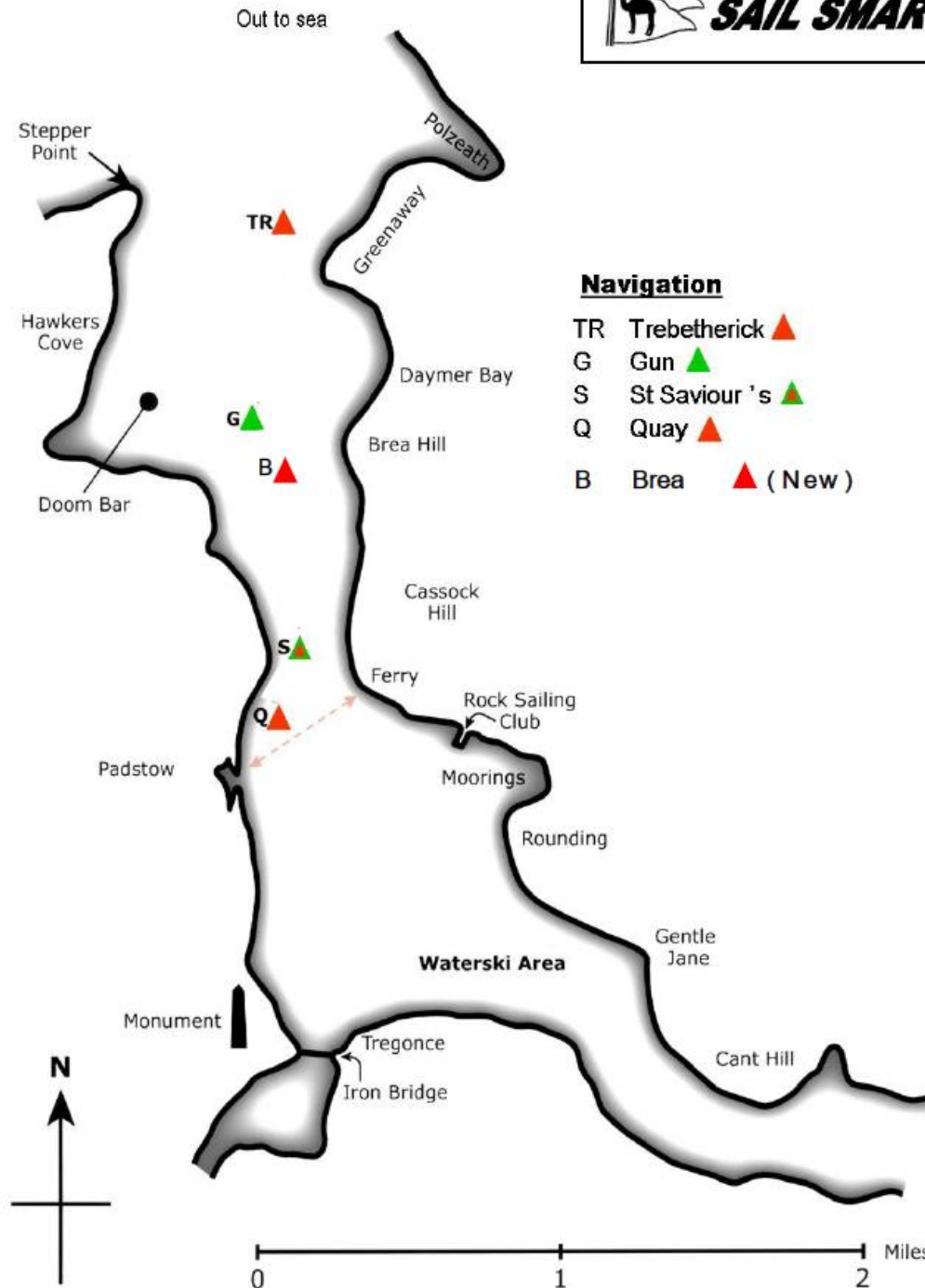
Attachment A1 – A Typical Olympic Style Course

The diagram shows the course and the **approximate** relative position of the marks of the course:



- 1) All marks of the course shall be left to PORT.
- 2) LAPS = 2: START-1-2-3-1-3-FINISH
- 3) LAPS = 3: START-1-2-3-1-3-1-2-3-FINISH
- 4) LAPS = 4: START-1-2-3-1-3-1-2-3-1-3-FINISH

RSWSC Course Map



RW, RSWSC 03.15