



SANDERS SAILS YW DAYBOAT WEEK 2026

Saturday 25th – Thursday 30th July 2026

Organising Authority (OA): The Poole Yacht Club, The Yacht Haven,
New Harbour Road West, Hamworthy, Poole, BH15 4AQ, UK

in conjunction with the Yachting World Dayboat Association

SAILING INSTRUCTIONS

Abbreviations:

[NP] - A breach of this rule will not be grounds for protest by a boat.

[DP] - Rules for which the penalties are at the discretion of the protest committee.

1. Rules

The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).

RRS are changed as follows:

- (a) RRS Race Signals AP is changed extending the period of postponement ashore (see SI 4.2)
- (b) RRS Race Signal AP over H is changed requiring boats not to leave the Yacht Club Haven (see SI 4.3)
- (c) RRS 35, A4 & A5 are changed to implement Start and Finish Windows (see SI 11.2 & 14.2)
- (d) RRS 60.1(a) is changed to limit a boat's right to protest (see SI 15.5)
- (e) RRS 66 is changed affecting the time limit for requests for reopening (see SI 5.8)
- (f) RRS 32.2 is changed by adding a finish line for a shortened course (see Addendum B)

Local regulations will apply concerning safe navigation in close proximity of commercial vessels restricted in their ability to manoeuvre, and dive vessels (see SI 10)

4. Notices to Competitors

The race office is located at The Poole Yacht Club. Notices to competitors will be posted on the official notice board located outside on the south side of the club. Competitors may be alerted to new notices by WhatsApp.

5. Changes to Sailing Instructions

Any change to the sailing instructions will be posted before 08:30 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect. Changes may also be posted at <https://www.pooleyc.co.uk/>. Competitors may be alerted to new notices by WhatsApp. Flag Lima with a number below will be flown at the Club Flag Mast indicating a change to Sailing Instructions.

6. Signals Made Ashore

Signals made ashore will be displayed from the signals mast at the TPYC
 When flag AP is displayed ashore, “1 minute” is replaced with “not less than 60 minutes” in RRS Race Signals AP. This changes RRS Race Signals AP.
 Flag AP over H displayed ashore means “Boats shall not leave the Haven. Wait for further instructions”. This changes RRS Race Signal AP over H.

8. Schedule

8.1 Schedule

Date	Race and Official Functions	Time	High Water
Sunday 26 th July	Competitor briefing at TPYC	Briefing - Terrace at 09:00	11:49 - 1.9m
	Race 1	First warning signal 10:25	
	Opportunity races: 1. Lady Helm & Crew Race 2. Cadet Helm Race 1	Briefing - Terrace at 13:15 Both starts from TPYC Race Hut. First warning 14:00	
Monday 27 th July	Races 2 & 3 back-to-back	First warning signal 10:25	12:42 - 1.9m
	Opportunity race: Cadet Helm Race 2	First warning not before 14:00 Start from TPYC Race Hut.	
Tuesday 28 th July	Competitor briefing at TPYC	Briefing – Terrace at 09:30	13:30 - 1.9m
	Long Distance Race (note 1)	First warning signal 10:25 Start from TPYC Race Hut	
	Opportunity Race: Rowing Race	Briefing – Terrace after Long Distance race.	
Wednesday 29 th July	Races 4 & 5 back-to-back	First warning signal 10:25	14:20 - 1.9m
	Opportunity Race: Cadet Helm Race 3	First warning not before 14:00 Start from TPYC Race Hut.	
Thursday 30 th July	Race 6	First warning signal 10:25	10:38 - 1.9m

Note 1. Separate instructions will be issued for this race on the notice board.

8.2 The warning signal for a succeeding race will be made as soon as practicable. To alert boats that a race will begin soon, the orange starting line flag will be displayed with one sound signal one minute before a warning signal is displayed.

8.3 No warning signal will be made after 1500 on Thursday 31st July.

9. Class Flag

The class flag displayed at the warning signal will be IC Flag D

10. Racing Area

Racing will take place in Poole Harbour and Outside the Harbour in Poole Bay (see Addendum A)

The day's course area will be displayed on the official notice board not less than 90 minutes before the first scheduled warning signal.

11. The Course	
The diagrams in Addendum B shows the course options, the order in which marks are to be passed, and the side on which each mark is to be left. The course number will be displayed on a board on the side of the race committee signals vessel.	
12. Marks	
12.1	Marks 1,2,3 & 4 will Orange Tetrahedral Buoys Mark 1A will be an Orange Dumpy Buoy.
12.2	New Mark will large Orange Cylindrical Buoy.
12.3	The mark at the starboard end of the start line will be race committee vessel flying an orange flag, the mark at the port end will be a dan buoy with an orange flag.
12.4	The finish line will be between the race committee vessel flying a blue flag and a dan buoy flying a blue flag.
13. Areas that are Obstructions (NP, DP)	
13.1	Military and Commercial shipping: Moving exclusion zones exist around military and commercial vessels constricted by their size. Such exclusion zones extend to 100m on all sides of the vessel and include tugs, pilot boats and race committee boats escorting the vessel. Boats shall not enter the exclusion zone, and, if becalmed, shall use other means of propulsion to move out of the way. This should only be sufficient to move out of the exclusion zone, and the distance travelled should be the shortest necessary to keep clear.
13.2	Diving activity: A 30m exclusion zones exist around a dive boat displaying IC flag A, an orange pillar mark indicating a diver beneath the surface, and a diver on the surface are designated obstructions. Boats shall not enter the exclusion zone.
13.3	Complaint by Harbour Authority: The race committee will lodge a protest or a report following a complaint received from the Harbour Authority.
14. The Start	
14.1	The Starting line will be between the staffs displaying orange flags on the starting marks.
14.2	A boat starting later than five minutes after her starting signal will be scored DNS (Did not Start) this changes RRS A4 & A5.
15. Change to the next leg of course	
To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by the original mark. Changes to course will be notified to competitors by a Mark Laying/ Patrol vessel making regular sound signals and displaying a change board.	
16. The Finish	
16.1	The finish will be between the race committee vessel flying a blue flag and a dan buoy flying a blue flag.
16.2	Alternately should the need arise due to race time limit or other mitigating factors the line will be between an official boat displaying flag S (having made a sound signal of two hoots) and a mark of the course.

18. Time Limits and Target Times (NP)

18.1 Time limits and target times are as follows:

Target Time	Finish Window	Time Limit
60 mins	30 mins	90 mins

18.2 Boats failing to finish within the stated Finish Window after the first boat sails the course and finishes will be scored (DNF) Did Not Finish. This changes RRS 35, A4 and A5.

19. Protests and Requests for Redress

19.1 Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

19.2 The protest time limit is 90 minutes after the last boat has finished the last race of the day.

19.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the TPYC beginning at the time posted.

19.4 Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b).

19.5 Breaches of SIs marked [NP] will not be grounds for protest by a boat. This changes RRS 60.1(a).

19.6 Penalties for breaches of SIs marked [DP] or class rules are at the discretion of the protest committee.

19.7 A boat may accept a discretionary penalty for the breaches stated in SI 15.6 before a hearing concerning the same incident by completing a form available from the protest room.

19.8 On the last scheduled day of racing, a request for reopening a hearing shall be delivered not later than 30 minutes after race signal "N over A" is displayed ashore.

19.9 The Exoneration penalty and the Advisory Hearing and RYA Arbitration procedure of the RYA Rules Dispute Procedure shall apply. The Exoneration Penalty is changed to 10% with a minimum of 2 places but not greater than DNF. The outcome of an RYA Arbitration can be referred to a protest committee, but an arbitration cannot be reopened or appealed.

20. Scoring

20.1 A boat starting later than 5 minutes after her starting signal will be scored (DNS) Did Not Start. This changes RRS A4 & A5.

20.2 The championship shall comprise a 6-race series. A minimum of 1 race shall be completed to constitute the championship.

20.3 When fewer than 3 races have been completed, no score shall be excluded.

20.4 When 3 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

20.5 To request correction of an alleged error in posted race or series results, the boat will contact the Race Committee.

21. Safety Regulations (DP, NP)	
21.1	The race committee will protest a boat for a breach of the safety regulations.
21.2	Boats not leaving the Club Haven for a scheduled race shall promptly notify the race office.
21.3	On arrival in the racing area, boats shall sail closely to the race committee signals vessel, clearly showing their sail numbers.
21.4	A boat that retires from racing shall notify the race committee before leaving the racing area, or if that is not possible, shall notify the race office as soon as possible after returning ashore.
22. Replacement of Crew or Equipment (DP)	
22.1	Substitution of helms is not permitted. Substitution of the crew will be permitted with the prior approval of the race committee.
22.2	Substitution of damaged or lost equipment will not be permitted unless authorised by the race committee. Requests shall be made to the committee at the first reasonable opportunity.
23. Equipment & Measurement Checks	
Boats and equipment will be inspected prior to the commencement of the regatta for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.	
25. Official Boats	
Official boats will be marked as follows: Mark Laying / Patrol - ribs flying numbered flags.	
26. Support Boats	
Only Support boats approved by the race committee will be permitted in the race area.	
31. Radio Communication	
Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.	
32. Prizes	
Prizes will be awarded to the boat ranked first in the championship series. Additional prizes may be awarded at the discretion of the class association.	

33. Risk Statement

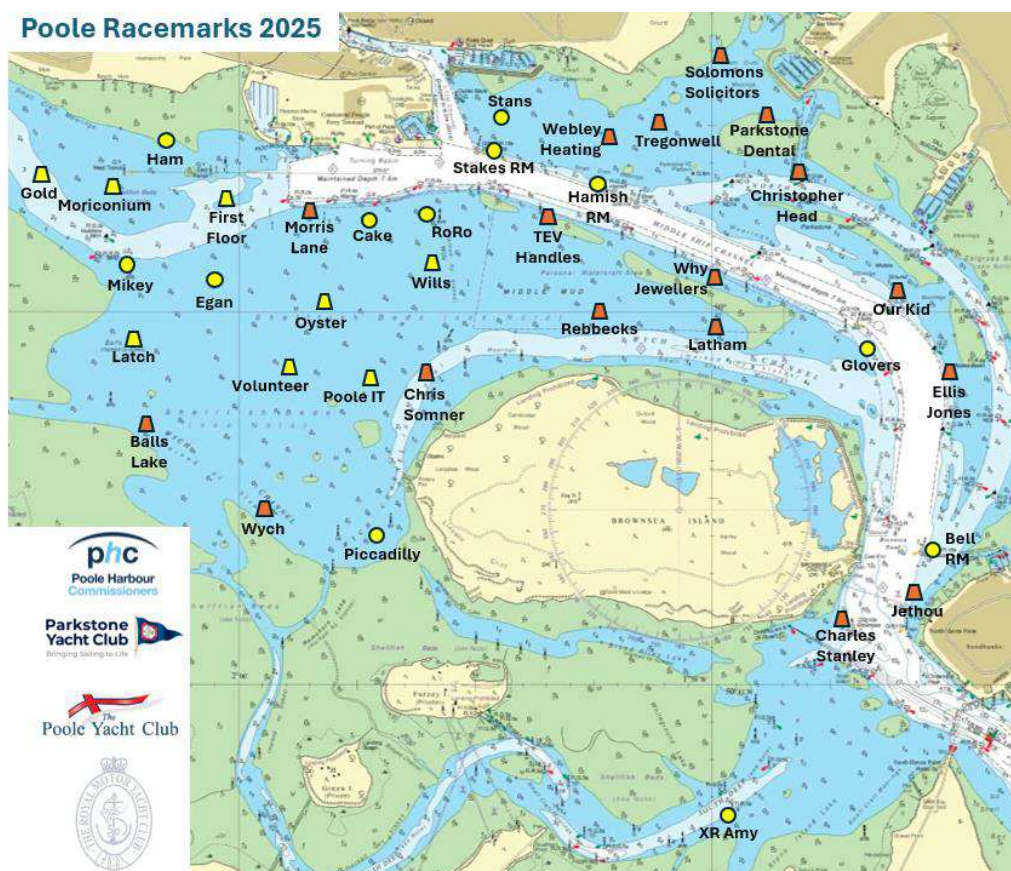
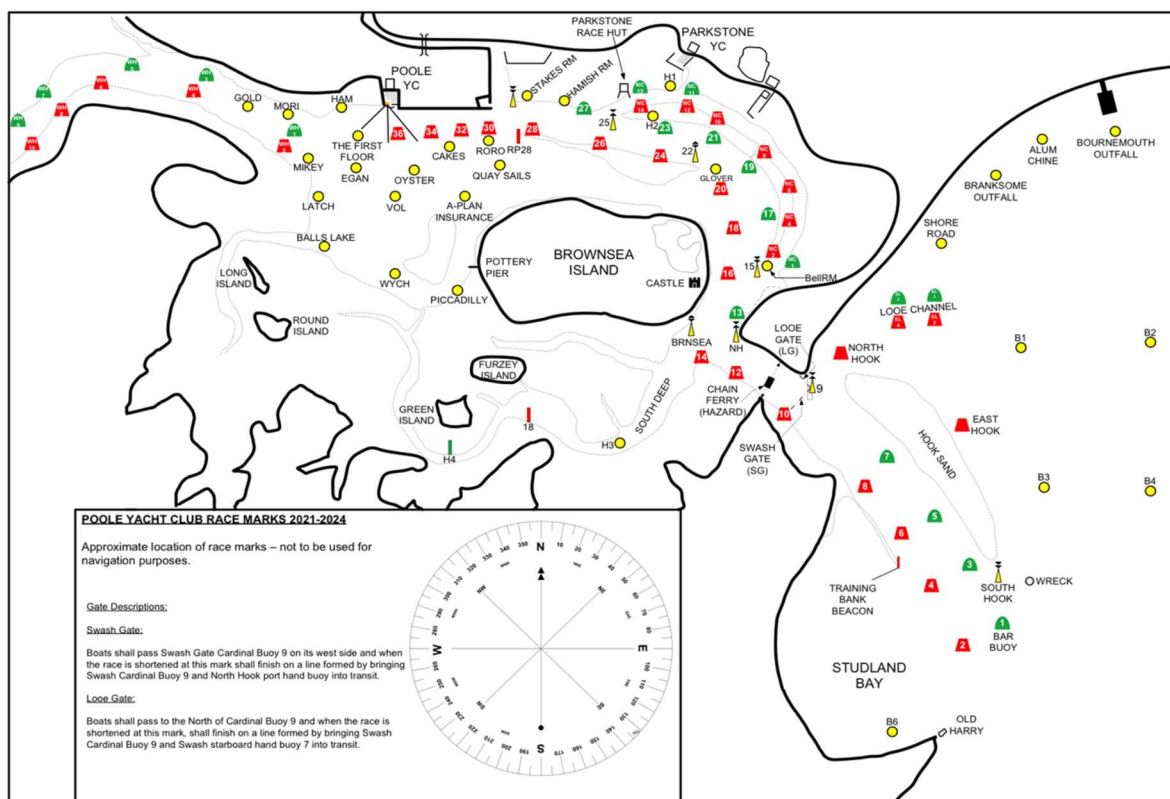
- 33.1 Rule 3 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone”.
- 33.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event.
 - (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore.
 - (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions and omissions.
 - (d) Their boat is in good order, equipped to sail in the event and they are fit to participate.
 - (e) Provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities.
 - (f) Provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
- It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event.
- 33.3 The fact that the race committee conducts inspections of a boat does not reduce the responsibilities of each competitor set out in this notice of race.

34. Insurance

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or the equivalent.

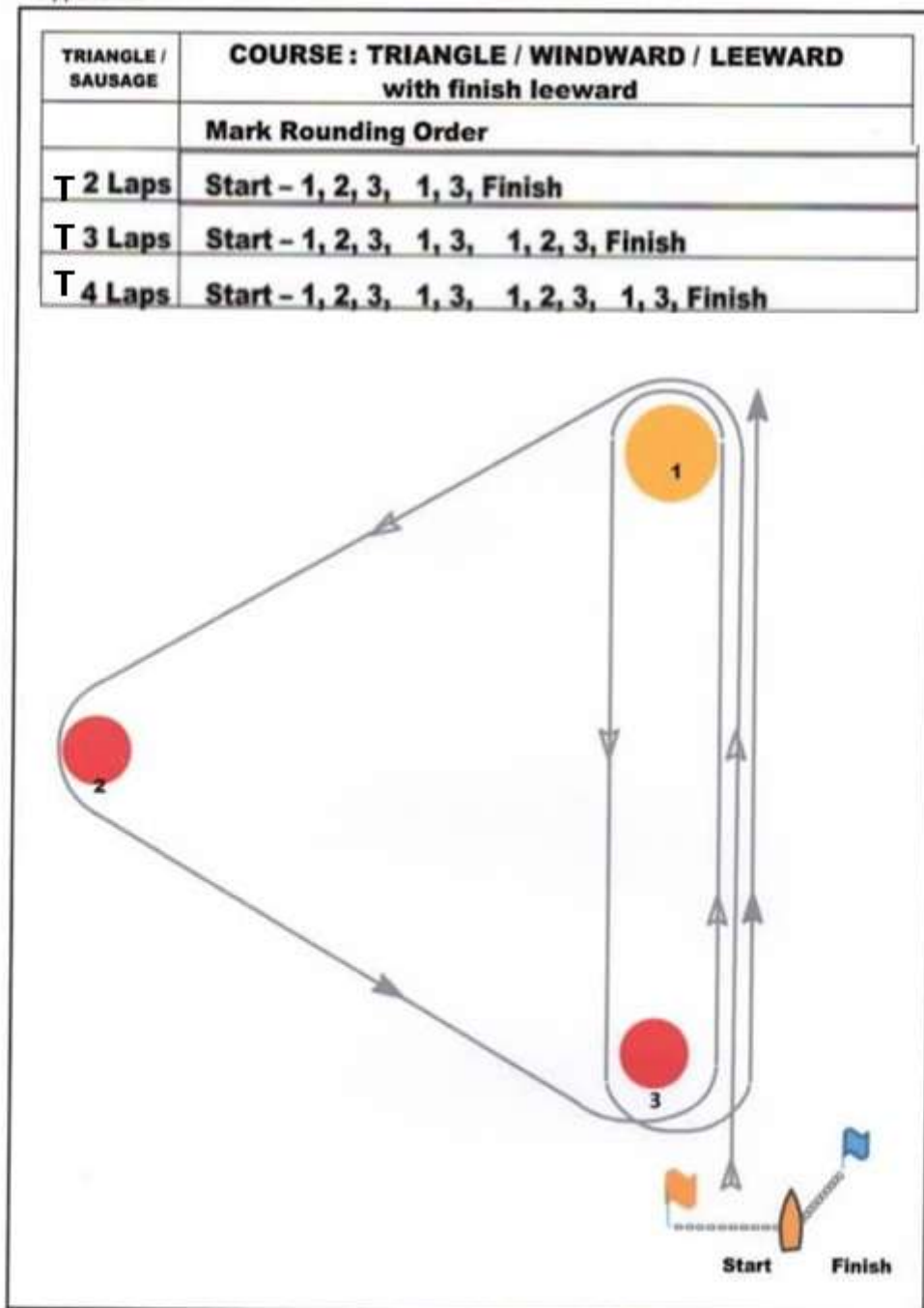
Addendum A

Indicative Course Area



Addendum B - Courses

Course T



All course marks are to be left to port.	Internal angles of reaches approximately 60 degrees
(Note Mark 3 is not a mark of the course on the first leg and may not be laid at the start)	
On the final lap, or if 'Shortened Course' is signalled on the Committee Boat, on leaving Mark 3 to port, proceed to finishing line.	

COURSE	COURSE : WINDWARD / LEEWARD with GATE
Signal	Mark Rounding Order
W2 Laps	Start – 1, 1a, 2s/2p, 1, 1a, 2p, Finish
W3 Laps	Start – 1, 1a, 2s/2p, 1, 1a, 2s/2p, 1, 1a, 2p, Finish
W4 Laps	Start – 1, 1a, 2s/2p, 1, 1a, 2s/2p, 1, 1a, 2s/2p, 1, 1a, 2p, Finish

